**Promoted for and on behalf of Cycling Time Trials under its rules and regulations**



**The START SHEET for the**

**East Anglia VTTA 10 mile Individual & Tandem TT**

**COURSE F2A/10 – SATURDAY 17th August 2024 - STARTS AT 14:01**

**Course details.**

Start.(GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yds west of Armco barrier. Proceed to Hardwick rab, where 1st exit onto A428 westbound, under Cambourne flyover to TURN (4.63mls) at Caxton Gibbet rab. (Junction with A1198). Retrace on A428 eastbound, under Cambourne flyover and Hardwick flyover to Finish (GR377597) in layby 3/4 mile past Hardwick flyover at a point 22 yds east of (past) P sign.

**NOTES TO RIDERS - The following local regulations must be adhered to: -**

1. **No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.**
2. **NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
3. **Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event. NO cars to stop or park at the start or finish areas, the finish is a clearway.**
4. **No warming-up by competitors is allowed along any part of the designated course, after the event has started. NOTE: NO Riders allowed in the start area more than 5 minutes before starting.**
5. **Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.**
6. **Riders are required to both sign on and off. Failure to do so will result in a rider being disqualified from the results.**
7. **Riders must have working front and rear lights and be wearing an approved helmet.**

**Timekeepers: Tim Groves and Wally Groves.**

**Event Secretary: Dominic Whitehead, 4 Dove House Close, Godmanchester,**

**Huntingdon, Cambs, PE29 2DY**

**Home: 01480 380297**

**Mobile: 07504 439362**

**Awards (only VTTA Members are eligible for awards)**

1st, 2nd, 3rd,4th,5th-8th Open on AAT (+ £50, £40, £30, £20, £10)

1st, 2nd, Female on AAT (+£50, £40)

1st Team of 3 Best on AAT (+£20 each)

Riders may opt for a VTTA medal instead of cash prize.

**East Anglia Vets only:**

Memorial Shield for Best on AAT



**Proceeds from the catering will be donated to this charity**

**EVENT HQ –**

**Hardwick Sports and Social Club**

**Egremont Road**

**Hardwick**

**CB23 7XR**

**In the event of the F2A/10 being closed at Caxton Gibbet, the F2E/10 will be used. Please familiarise yourself with this course too. A decision may be as late as the morning of the event, as closure of the roundabout has happened at a weekend recently. Course description is below and I will try to advise as early as possible if plan B is needed.**

**Course F2E/10 July 2024.**

START on Broadway, (off St Neots Road), south of Broadway A428 overbridge, at a point 5 yards south of first drain south of ‘Give way 200 Yards’ signpost.  
Proceed northwards on Broadway to junction with St Neots Road (YIELD), where turn left onto St Neots Road.  
Proceed westward for approx 1.1 mile to Cambourne north elevated RAB, where take first exit onto eastbound A428, (signed Cambridge).  
About 1 mile after Hardwick flyover, (after BLUE pedestrian overbridge), bear left onto A1303, signed Cambridge, pass over A428 to:

TURN (6.05 miles.) at Madingley RAB. Retrace on A428 westbound (signed Bedford) to first A428 layby after Broadway overbridge, where:

FINISH at drain gulley, 20 yards before end of layby raised dividing strip